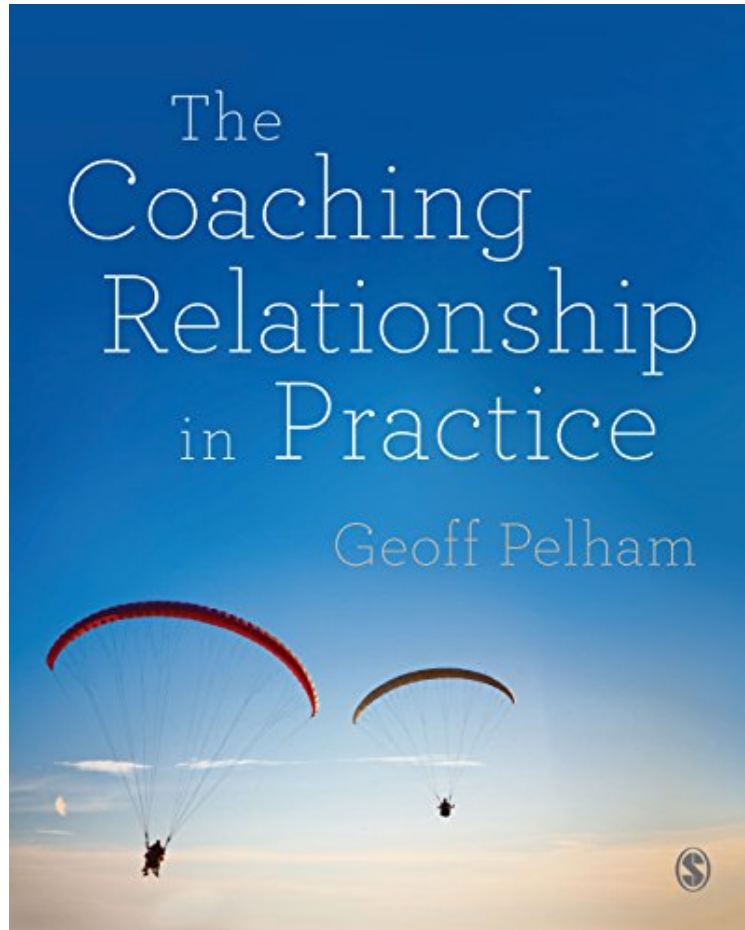


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## The Coaching Relationship in Practice

*Geoff Pelham*

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**Geoff Pelham : The Coaching Relationship in Practice** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Coaching Relationship in Practice:

This book explores that which is at the very heart of coaching: the coach-coachee relationship. Considering the relationship at each stage of the coaching process, it will equip your trainees with the necessary skills and knowledge for building and maintaining successful coaching relationships every step of the way. In clear and friendly terms the book simplifies complex issues including the practicalities of getting started, the intricacies of coaching across cultures and of coaching from within an organisation, and how to make the most of supervision. A crucial chapter on evidence-based practice considers the importance of research in the area and how to use the evidence-base to support professional coaching practice. Reflective questions, examples, implications for practice and recommended reading are included in every chapter, encouraging your trainees to consider how they might bring themselves to the coaching relationship.

If you need to buy one book in coaching - then this is it. This book introduces all the key elements for effective coaching practice and puts the relationship at the heart of the work.--Stephen Paul This is an excellent book, both for anyone learning to coach and for experienced coaches seeking to develop their skills further. It explores key ideas in coaching in a wonderfully warm and readable style.--Bob Thomson This book's focus on relationship and relationship management is something that has been missing from practitioner texts and so this book fills a huge gap.--Elaine Cox This book provides a stimulating introduction to the field of relationship in coaching practice. Its value is enhanced by illustrative case studies, the personal reflections of the author, questions for consideration at the end of each chapter and a comprehensive collection of references to further reading that cover a good, representative proportion of current literature. It is particularly interesting for some of the key ideas that Dr Pelham introduces and the way in which he puts across complex psychological understanding in everyday language. It merits close and careful reading.--Neil Atkinson

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