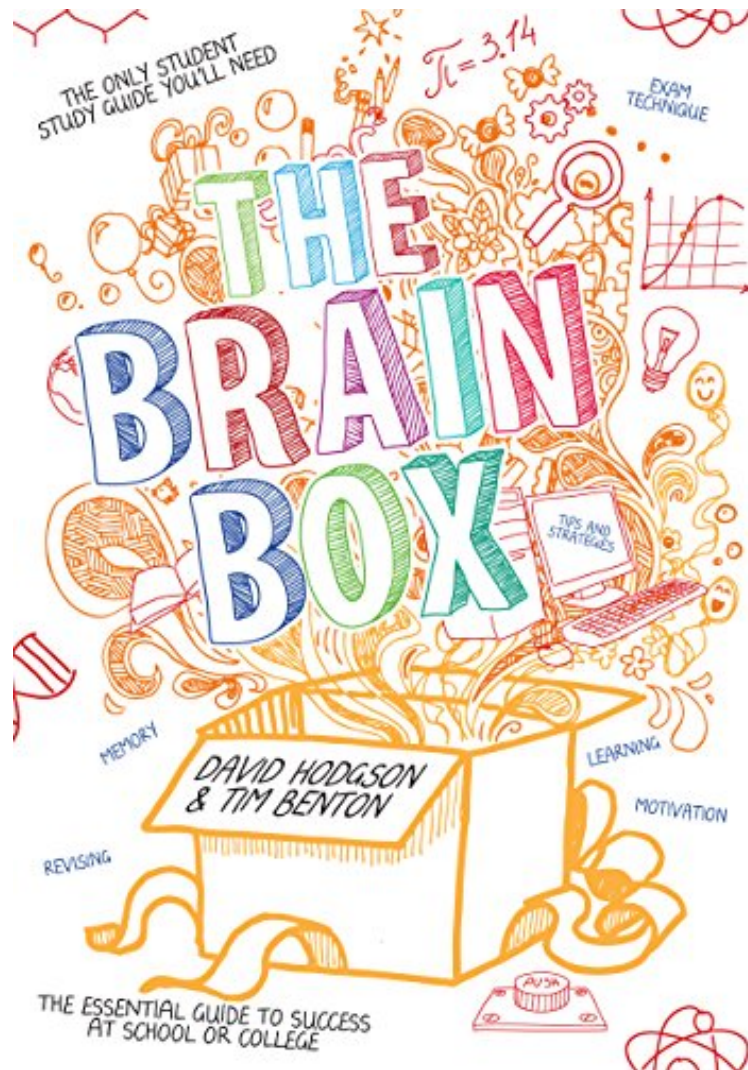


[E-BOOK] The Brain Box: The essential guide to success at school

The Brain Box: The essential guide to success at school

David Hodgson, Tim Benton

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David Hodgson, Tim Benton : The Brain Box: The essential guide to success at school before purchasing it in order to gage whether or not it would be worth my time, and all praised The Brain Box: The essential guide to success at school:

The Brain Box - a personal journal for each student to be their best at school - boost grades, improve motivation, memory, learning and understanding, exam techniques. It will help teachers prove they apply many Ofsted guidelines, but will also appeal to parents. By using Neuro Linguistic Programming and explaining neuroscience the authors take students on their journey from building their profile to looking at what motivates them, their ambitions, and their

future goals. Case studies, anecdotes of 'success'/motivation are littered throughout and questions are posed to get students thinking about their journey.

About the Author David Hodgson is a Master Practitioner and Trainer of NLP, has the British Psychological Society Level AB, a Diploma in Careers Guidance and a Diploma in Management. He is a Training Consultant in the North East who has worked with companies such as Orange, Walkers Crisps, the NHS, the Institute of Careers Guidance and Association of Graduate Careers Services. He works with young people and those who work with them on motivation, goal setting, life skills and employability. Tim Benton is a trainer and educator whose business clients include MS and Mercedes-Benz. He works with teachers, school leaders, students, parents or governors across the primary, secondary and further education covering learning skills, confidence building and preparing for life beyond school.