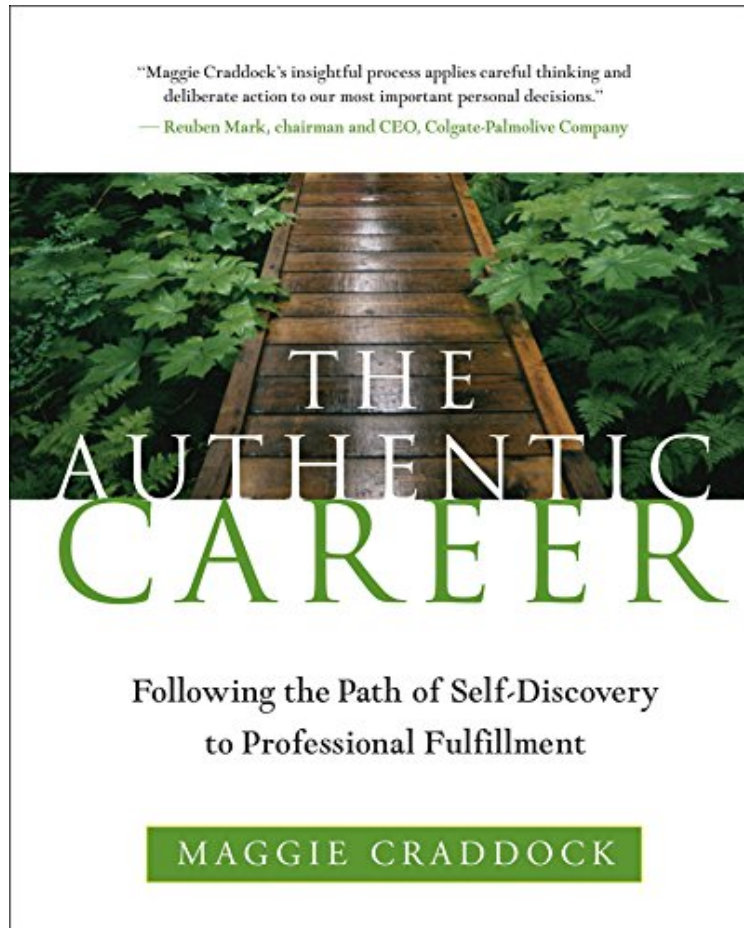


# The Authentic Career: Following the Path of Self-Discovery to Professional Fulfillment

Maggie Craddock

*\*Download PDF | ePub | DOC | audiobook | ebooks*



[Download](#)

[Read Online](#)

#927195 in eBooks 2010-09-24 2010-09-24 File Name: B004CYF90Q | File size: 41.Mb

**Maggie Craddock : The Authentic Career: Following the Path of Self-Discovery to Professional Fulfillment**  
before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Authentic Career: Following the Path of Self-Discovery to Professional Fulfillment:

0 of 0 people found the following review helpful. Deep work for your whole life By LH marblehead This workbook is a guide to your true self. Your work-life is seen as the "container" into which you pour yourself. The exercises are revealing, and lead to clarity about aligning work with the self. A valuable tool for redirecting your life. Get it. 6 of 6 people found the following review helpful. Unbelievable Source of Strength for Career Growth!! By A Customer This book is simply incredible! I have read many self-help books over the years, and having been in the business world for all of those years, I have never seen both areas (self-help and career) integrated so well in one place. In "The Authentic Career" I was able to unlock how my career goals and personal needs could be aligned and fulfilled with the appropriate insights into my life. This book can really help individuals create the space to achieve this. Ms. Craddock's own experiences and using real examples of workplace issues were extremely helpful and enlightening. I could

approach my job and career in a completely different light after reading and utilizing this book. The exercises were truly eye opening and I finally have found a process that makes sense for re-energizing and strategizing my career after many years. A great read for anyone who wants to find a new way to grow in their career and personal lives. Very helpful and inspirational! 1 of 1 people found the following review helpful. A Coaching Process With Real Intellectual Validity By A Customer Maggie Craddock combines her experience in the toughest competitive corporate arenas with extensive training in counseling and family therapy to offer a coaching process that deals with all aspects of her clients' complex lives. In a world of newly-minted "executive coaches", Maggie Craddock is the real thing. The reader who thoughtfully works through the exercises in *The Authentic Career*, encouraged by the author's own story and stories from her clients, will discover in themselves the authentic power they need to achieve their goals. Maggie has worked with senior executives in a range of industries and continues to stress that the values and spiritual resources that create successful and satisfying careers are the same as those that support vital, enduring organizations. If you are wondering how to foster your best, most "authentic" self in a tough, bottom-line driven world, please read this book.

Many people experience some degree of job dissatisfaction. But figuring out whether they should change themselves or change jobs isn't easy. Drawing on her business background, training as a social worker, and years as an executive coach, Maggie Craddock outlines a therapeutic process that carefully separates what the reader wants and needs from the often-frustrating demands of family and work. The author believes that identifying authentic career goals and strategies requires a careful examination of one's inner life. She clearly outlines the four-stage process beginning with the Awareness Stage and ending with the Integration Stage and includes exercises, examples, and inspirational quotes. Craddock gently guides the reader through the process, illustrating each stage with real-life examples, including stories from Fortune 500 CEOs and professional women returning to the workforce after having children. Ultimately a very hopeful book, *The Authentic Career* is a welcome companion on anyone's career path.