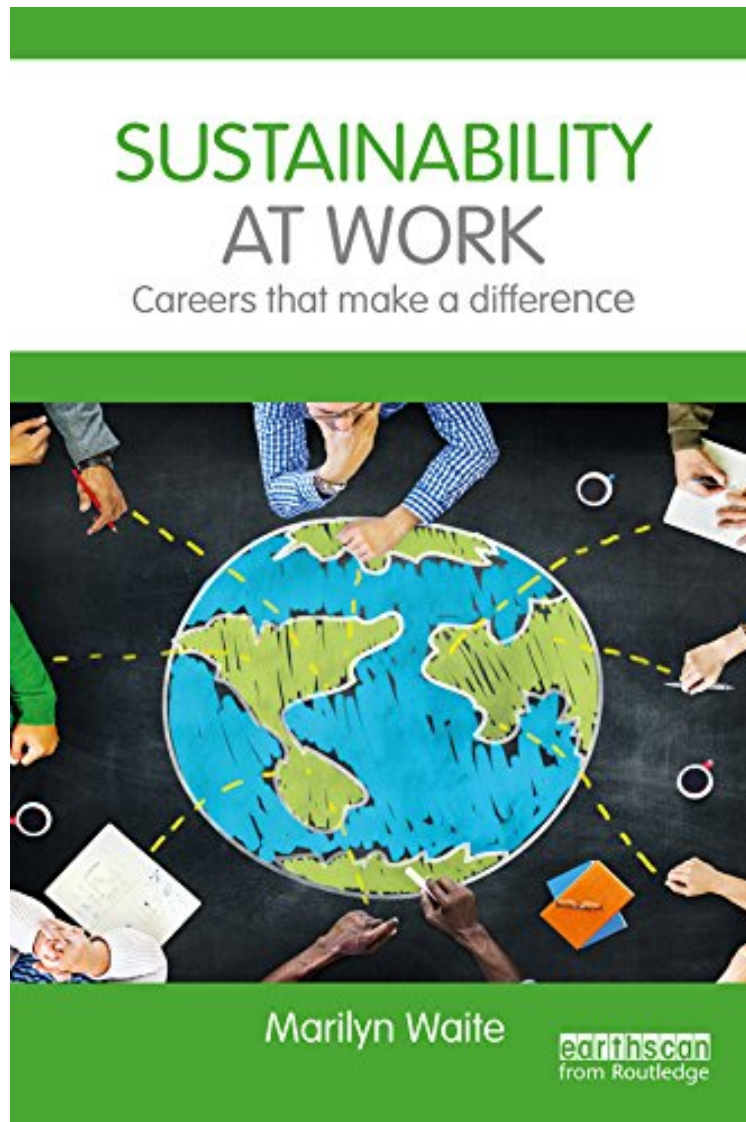


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## Sustainability at Work: Careers that make a difference

Marilyn Waite

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**Marilyn Waite : Sustainability at Work: Careers that make a difference** before purchasing it in order to gage whether or not it would be worth my time, and all praised Sustainability at Work: Careers that make a difference:

0 of 0 people found the following review helpful. A Truly Meaningful ReadBy KaliSustainability at Work tackles the very important subject of what it takes to work a successful job that not only pays well but also makes a positive impact on the world. Although it may not be the first book of its kind, it is the first one that is both realistic and optimistic. So many people in the world wish they could work a sustainable job, but feel like it's impossible. Waite is here to show you that it is possible and it can even be easy if you really put your mind to it.I went into the book as

someone who recently quit her job due to health reasons with absolutely no idea what she wants to pursue in the future when able. After reading the book, I have a completely new outlook on future jobs and to be honest, I feel renewed. Going into the book without any set ideas for my future worked to my advantage because there are professionals from all different backgrounds giving advice and real examples. My personal favorite stances came from professionals in education, healthcare, and entertainment/media. Many of my dream jobs have come from those industries, so learning that I can follow my passion and have a sustainable career at the same time was a breath of fresh air. Being only 25 years old, there's still so much to learn about the world and the environment. I thought I knew exactly what living sustainably meant, but reading this made me realize that there is more to living sustainably than simply taking my own bags to the grocery store, recycling, and eating local produce. There's so much that I can be doing that will make a real impact on the world even after I am gone. I especially appreciate the detailed reference section in each chapter that led me to even more reading. I recommend this book for anyone wanting to lead a more meaningful life. Even if you already have a job that you enjoy and can't see yourself leaving, *Sustainability at Work* provides an abundance of steps you can take at your current workplace no matter what your profession. I feel like the principals I've learned here will stick with me for a lifetime and I hope some of you have the same experience. Just go into it with an open mind and remember that there's so much more you can do for the world if you're willing to put a little effort into it. A tip for readers: If you're short on time, don't let that stop you from reading this one. Although I read it cover to cover, you can still get some useful information from it by skimming and flipping to the chapters that relate to your interests or current career.

0 of 0 people found the following review helpful. Simple and Inspirational  
By Sophie  
This book takes an issue that's complicated both emotionally and logistically—incorporating environmental and social sustainability into a career—and lays it out in a very clear and optimistic way. Waite immediately sets out her central thesis, that sustainability is achievable in any kind of career, and continues on to provide examples. She starts by defining sustainability, providing a handy four-pillar framework (Environmental, Social, Economic, and Intergenerational) to think about it through. She goes on to relate the history of sustainability practices becoming increasingly incorporated into various lines of business, and then devotes several chapters to different career fields, providing examples of how individuals in each field incorporated sustainability into their work. These fields include science, healthcare, law, business, education, and entertainment. What stands out most about Waiter's book is her continual optimism. For her, sustainability is not merely an ideal, nor is it an unfortunate necessity. It is an achievable, valuable, desirable reality. She takes on an inspirational tone that carries the reader along through her explanations of ways to create a world that is good not only for us today but for people in the future. She challenges the reader to figure out how they are contributing to that creation, but at the same time discusses this challenge as though it is not truly that difficult, turning a conversation that many people choose to avoid thinking about into a concept that is accessible to all. Waite backs up her optimism with concrete examples of individuals all over the world and in all lines of business who have taken the goal of sustainability to heart and discovered a fulfilling life along the way, and their stories contribute to her inspiration of the reader. When Waite concludes her book with a simple order, "Now act," it hits with the impact of a call to action much larger than two three-letter words.

0 of 0 people found the following review helpful. An informative introduction, and then an exciting wealth of ideas  
By Shannon Lorraine  
SUSTAINABILITY AT WORK is a comprehensive, strong look at how achieving sustainability in your career or business is not only possible, but profitable and helpful to both society and the environment. Whether you're switching jobs, starting a business, or looking for a career fresh out of school, or are working your current nine-to-five, this book has something to say to you. What I found refreshing was the lack of "preachiness," as is common in books of this variety. Instead, it instilled a sense of excitement even in a person like me, who wants to help the environment but isn't going to make it my sole mission in life. Helping the planet and its people doesn't have to be a massive "green operation" — but can be implemented in small ways. As a business owner myself, I'll have to admit, learning that a green operation could also be a profitable one in the long run was a selling point for me. This book first struck me as incredibly well researched, with strong sources and rounded perspectives. Yet it's not long-winded or full of impressive language designed to elevate it above its audience. The tone is clear, professional, and informative — but also with a friendly edge that made it easy reading, not just educational. If you're happy with your current job, then don't be afraid this book isn't for you. It offers a new perspective along with actionable missions you can accomplish within your own industry. If you're a student considering your future career, then this is definitely a book which will provide a strong look at the current state of sustainability, which industries face the most roadblocks or the most progress (so you can choose where you'd make the most difference or what you can contribute once you get there), as well as a philosophical look at what sustainability could mean for you.

*Sustainability at Work* is a compelling guide for everyone who wants to have both a successful career and a career that makes a positive difference in society. Containing career advice of great value to students of sustainability, and explaining how they can apply their knowledge to their future careers, its appeal extends well beyond the classroom. *Sustainability at Work* includes an easy-to-follow framework that anyone wondering how they can

make a sustainable difference in the workplace can apply. Professionals from a variety of backgrounds and territories explain how they brought a sustainability approach to various sectors: agriculture, health care, business, economics, and financial services, education and research, law and policy, science and technology, and entertainment and media. Through inspiring narratives and a structured framework, *Sustainability at Work* illustrates how sustainability can be incorporated into every imaginable career to impact the quadruple bottom line: environment, economy, society, and future generations.

Marilyn Waite combines over a decade of experience in the energy industry with her passion for promoting sustainability to create a unique and user friendly framework for enhancing the workplace. This book is helpful for employers and employees, as well as students wishing to enter a variety of fields. Stacy Closson, University of Kentucky, USA *Sustainability at Work* will definitely help mainstream sustainable practices into a wide range of careers. It will help shape young minds and help design their careers in a way that maximizes their contribution to society. Prabhu Pingali, Cornell University, USA Future teachers need to understand their responsibility to this and future generations. Waitersquo;s text inspires teacher educators to incorporate information about sustainability and the many ways of thinking about it into courses and field experiences so that tomorrow's teachers can create ripples of interest and action across the SURF Framework. Carole Wylie Hancock, Marietta College, USA As an educator, frequent traveller, and concerned environmentalist, I found Marilyn Waitersquo;s book compelling. Her description of potential roles for educators provides guidelines to be more aware consumers and how to teach and model for students how to implement principles of sustainability. Her tips on pursuing a career with a "sustainability" attitude are timely! Martha C. Hougen, The University of Florida, USA At a time when sustainability means different things to different people, Marilyn Waite, in her deeply reflective and realistic book, offers an inspiring vision showing how we can meaningfully integrate the core concepts into our work and careers. Guru Madhavan Senior Editor of *Practicing Sustainability* and author of *Applied Minds: How Engineers Think* An intellectual scaffold for workplace sustainability, peppered with anecdotes from many individuals incorporating sustainability practices into their own diverse careers, "*Sustainability at Work*" is an enlightening and easy read illustrating key actions for those seeking to deepen and extend the reach of their sustainable practices -- this should be all of us. Bethany L. Ehlmann, California Institute of Technology, USA About the Author Marilyn Waitersquo;s vision is a world where sustainability values of social cohesion, environmental consciousness, intergenerational equity, and economic health drive decision-making and business practices. A speaker and author, she has addressed audiences in Africa, Europe, Asia, and North and Central America on sustainability in careers, education, textiles, climate change, water, and energy. Marilyn holds a Mastersquo;s degree with distinction in Engineering for Sustainable Development from the University of Cambridge, UK,nbsp;and a Bachelorsquo;s of Science degree in Civil and Environmental Engineering (magna cum laude) from Princeton University, USA.