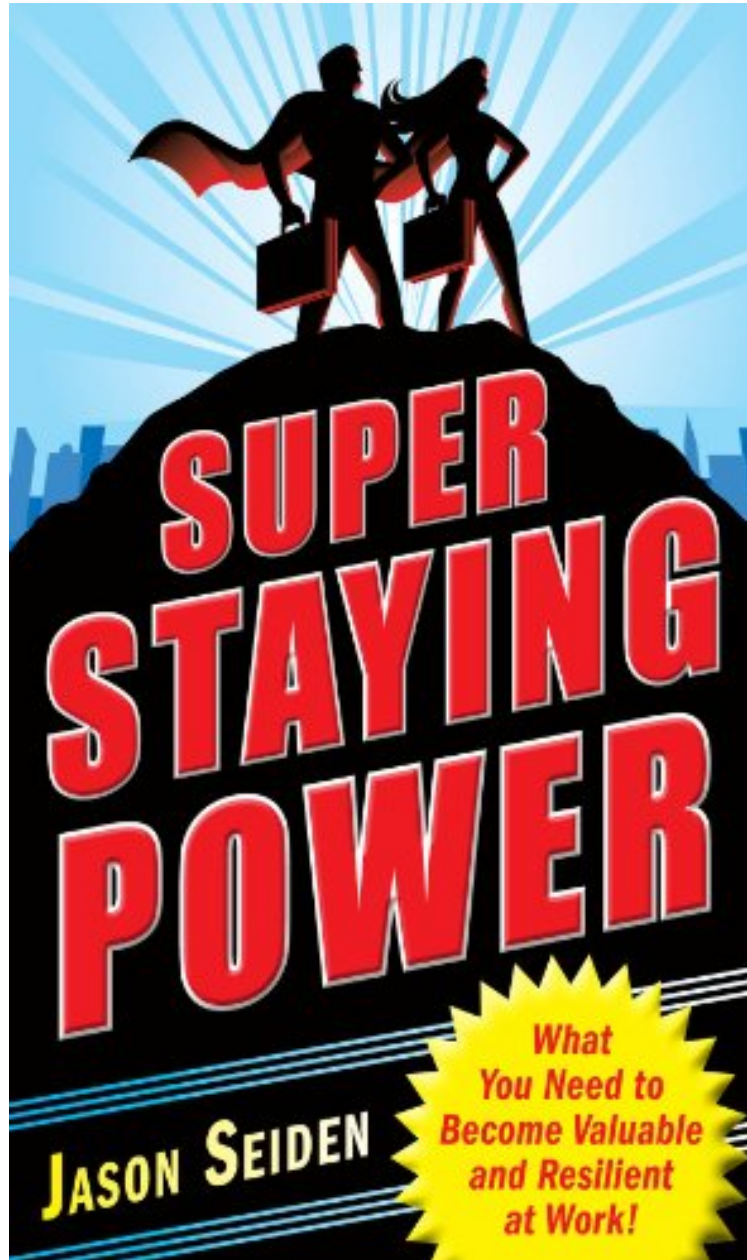


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# Super Staying Power: What You Need to Become Valuable and Resilient at Work

*Jason Seiden*

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About the Author Jason Seiden offers courses on leadership and negotiations and has appeared on CNN, CNBC, and FOX TV. He also co-owns [foundyourcareer.com](http://foundyourcareer.com), an online course for early-career job seekers.