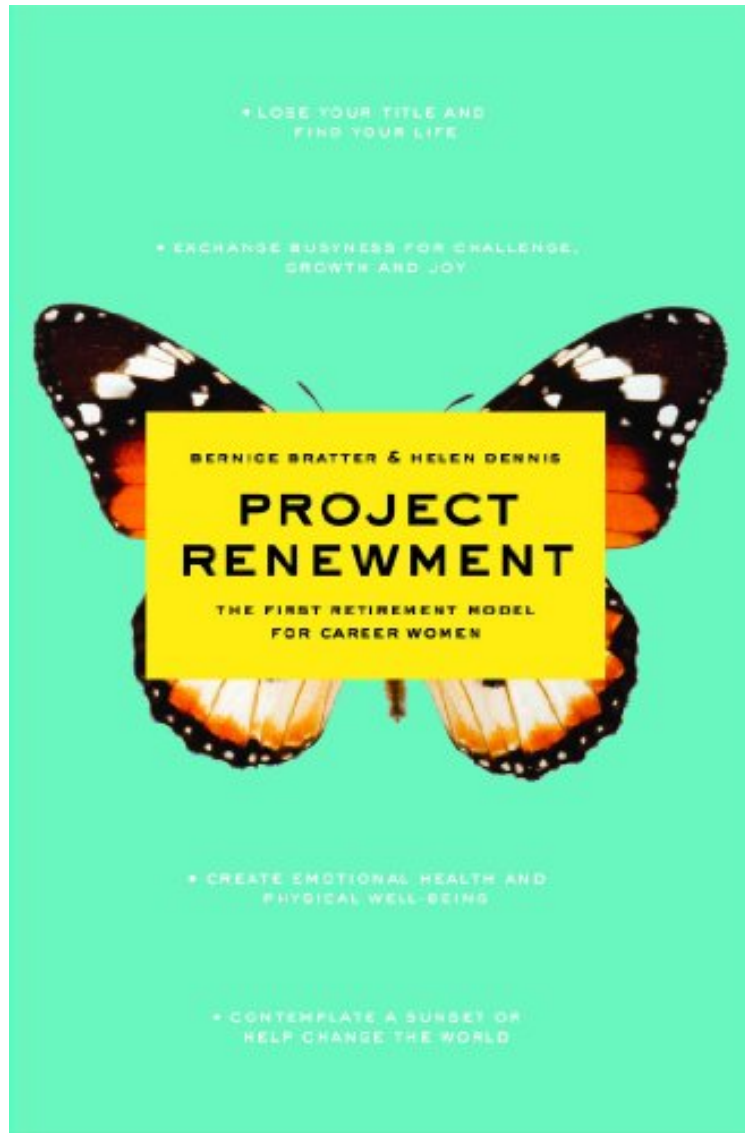


[Free read ebook] Project Renewment: The First Retirement Model for Career Women

# Project Renewment: The First Retirement Model for Career Women

*Bernice Bratter, Helen Dennis*  
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**Bernice Bratter, Helen Dennis : Project Renewment: The First Retirement Model for Career Women** before purchasing it in order to gage whether or not it would be worth my time, and all praised Project Renewment: The First Retirement Model for Career Women:

1 of 1 people found the following review helpful. A really significant book for 40 million retiring female baby boomers who may not know what to do with themselves By Jane Peranteau Who else is writing about the retirement of half the baby boom generation's 78.2 million members? As we move towards or into retirement, we realize we can't

possibly do it the way it's always been done and why would we want to? Yet again, we are our own models for something that needs to be outside of the box if we are going to survive in any meaningful way. These authors generated conversations among women confronting this issue and helped determine what the key concerns are and how we might confront them in a way that keeps it all fun, interesting, and growth producing. Our total capacity at this point can't possibly be used in service to children and grandchildren. We have the power more than ever to change the world, and the world needs us. The authors provide a fascinating, useful read that shines the light on a better future. 1 of 1 people found the following review helpful. Retirement By Elizabeth Monaghan This good offers suggestions on how to get mentally ready for retirement if you are a woman who has worked all your life without time out of the workforce for childrearing etc. If you have worked each and every work day for 30-40 yrs how do you prepare to take another route. It isn't a financial "how to" book but rather a what do I want to do with the rest of my life. 0 of 0 people found the following review helpful. Enjoyed the book By Paula I received the book as a gift, since I just retired. It was very appropriate for my timing and gave me some good tips on what to expect, as well as some good suggestions, I gifted a friend with it who is also retiring. Yes I recommend it.

For the first time in history, career women -- women who have worked outside the home for most of their lives -- are retiring. Without role models, they look to one another to face the changes this life transition brings. Career women from the Baby Boom and pre-Baby Boom, or Silent, generations are approaching retirement. They want to know what it means to suddenly find themselves back inside their homes after having devoted their lives to careers outside of them. These women are highly skilled, educated and successful. They have achieved visibility, status and influence. And because they are the first large group of American women to define themselves by their work, they have few, if any, models for retirement. Project Renewment will show women that giving up their careers does not mean giving up who they are. Renewment is a term the authors created as an alternative to the word retirement, which they associated with negative stereotypes and clichés. A combination of retirement and renewal, Renewment suggests optimism and opportunity, growth and self-discovery. Project Renewment is a grassroots movement among women who are close to retirement or recently retired and looking to connect with one another. The women of Project Renewment believe that retiring is a process of change and increasing self-awareness. As they redirect the commitment and passion previously dedicated to their careers, they transform and reshape their lives. Project Renewment provides these women with an enriched and safe environment in which to explore and confront the challenges that lie ahead as they leave behind a lifetime at the office, hospital, studio or courtroom. Diverse topics are discussed, such as Who am I without my business card? What if he retires first? What is productivity anyway? Why do I feel guilty reading a book on a Tuesday afternoon? How do I feel about not earning another dollar? Divided into two sections, Project Renewment offers insight and support in a friendly, humorous and meaningful way. The first part of the book addresses the challenges that career women tackle when looking to retire. The second teaches readers how to start and maintain their own Project Renewment group, so they can find support, inspiring relationships and even a few laughs as they look to get the most out of the rest of their lives.

From Publishers Weekly This guide for retired career women or those about to make this life change starts out coolly but warms up to a friendly support-group style discussion of the psychological pitfalls associated with leaving a life of work. The authors, a psychologist and a workplace-issues expert who founded a networking organization by the title's name, illustrate their approach to retirement as renewal. The book's businesslike title is a bit misleading; chapters are short and punchy and lacking detailed how-tos on the practical points of retirement, such as exit strategies or financial planning. The book's strengths lie in its you're not alone tone, with anonymous anecdotes and quotes from the mostly married, 60-somethings in Project Renewment groups throughout Southern California. Also useful is the book's Guide to Creating a Project Renewment Group, which gives a step-by-step how-to for finding like-minded women at or about to embark on the same life stage. Skeptics may identify this self-help book as a disguise to expand the Renewment brand, but it works on its own terms. Illus. (Mar.) Copyright copy; Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. "Here is a window on the changes facing career women when they consider retirement. Women are working longer without many models from the past about how to handle the next phase of life. A grassroots effort began in Southern California at meetings held by the authors, where talented, accomplished women discussed alternatives to their work lives and ways of pursuing objectives other than the pursuit of income. These meetings provided the evidence on which the ideas of this book are based. Reading Project Renewment is like getting a 'new set of tires' and driving off in new directions. It results from the wisdom that evolves from considering alternatives to work in the mature years." -- James E. Birren, professor emeritus, University of Southern California, and former dean of the Ethel Percy Andrus Gerontology Center "Project Renewment is one of those books that becomes a faithful, trusted friend, the imaginary kind who's always there with wise advice and never needs to talk about herself. It's a soulful, pragmatic, delightfully entertaining guide for any woman who plans to keep growing older and intends to enjoy it come hell or high water. I'm rereading it several times in an attempt to impress it upon my subconscious mind before I misplace my copy. Not that my memory is getting patchy or anything. Of course, I'm not

nearly old enough to need Project Renewment. I just happen to love it."-- Martha Beck, author of *Finding Your Own North Star: Claiming the Life You Were Meant to Live*"Project Renewment is a terrific book. Its cutting-edge approach to retirement for a new generation of career women is based on sound knowledge, a depth of experience and the rich dialogues of highly effective women creating their future. It's also a great read -- fun, informative and hopeful. I was particularly drawn to the essays through the creative illustrations, timely topics and clear writing."-- Ken Dychtwald, CEO, Age Wave, author of *Age Power* and *The Power Years*"Here is a window on the changes facing career women when they consider retirement. Women are working longer without many models from the past about how to handle the next phase of life. A grassroots effort began in Southern California at meetings held by the authors, where talented, accomplished women discussed alternatives to their work lives and ways of pursuing objectives other than the pursuit of income. These meetings provided the evidence on which the ideas of this book are based. Reading *Project Renewment* is like getting a 'new set of tires' and driving off in new directions. It results from the wisdom that evolves from considering alternatives to work in the mature years. "-- James E. Birren, professor emeritus, University of Southern California, and former dean of the Ethel Percy Andrus Gerontology Center