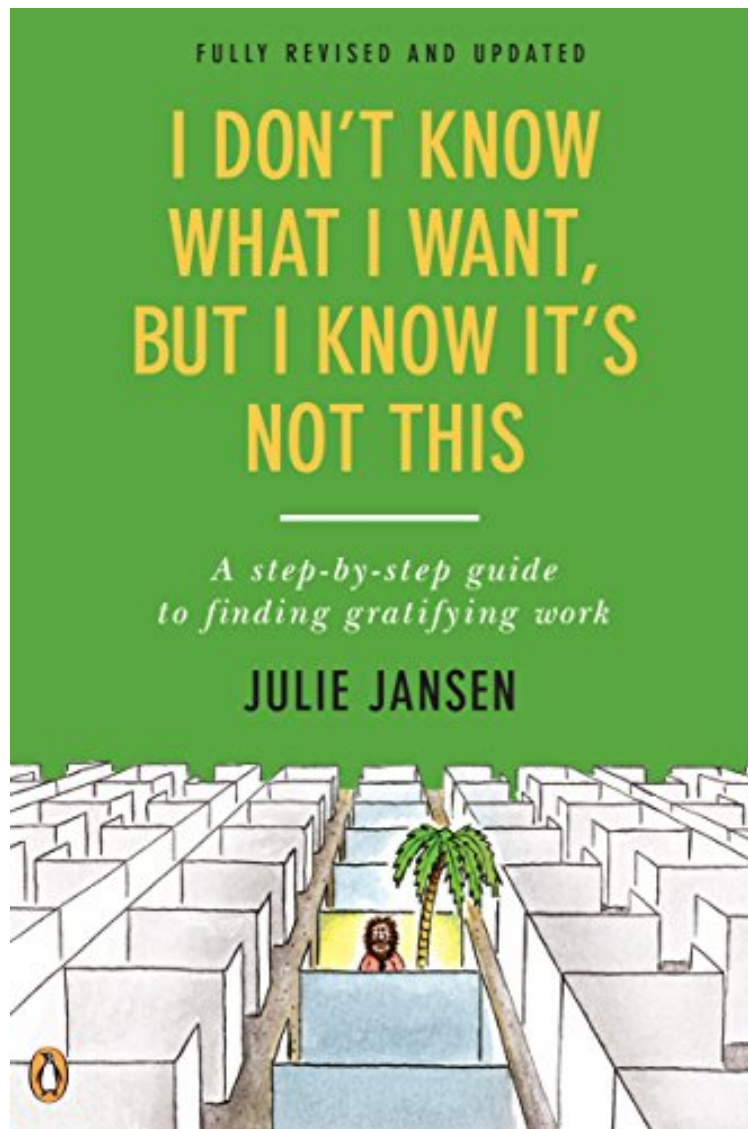


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I Don't Know What I Want, But I Know It's Not This: A Step-by-Step Guide to Finding Gratifying Work, Fully Revised and Updated

Julie Jansen

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Julie Jansen : I Don't Know What I Want, But I Know It's Not This: A Step-by-Step Guide to Finding Gratifying Work, Fully Revised and Updated before purchasing it in order to gauge whether or not it would be worth my time, and all praised I Don't Know What I Want, But I Know It's Not This: A Step-by-Step Guide to Finding Gratifying Work, Fully Revised and Updated:

23 of 23 people found the following review helpful. skip itBy karnatha weak contribution to the career change / self

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The quintessential guide to kick-starting your career, fully revised and updated for the ever-changing modern job market nbsp; Despite a recovering economy, many Americans are still losing their jobs, while many who do have jobs are overworked, maxed out, and miserable. In this fully revised and updated edition of nbsp; I Don't Know What I Want, But I Know I'm Not This, career coach Julie Jansen shows how anyone—whether yours—re unhappy with your job, or without one—can implement a real and satisfying transformation. nbsp; Changing careers, conducting a job search, or starting a business is more complicated than ever before. Jansen has updated her classic guide to address the unique challenges of today's job market, from the ever-more important world of social media to new ways of funding your own endeavors online. Filled with quizzes, personality assessments, and real-life examples, this guide helps you identify the type of work yours—re best suited for and provides the know-how—;and the inspiration—;for transforming an uncertain time into an opportunity for meaningful change. From the Trade Paperback edition.

From Publishers Weekly "Close your eyes and imagine what it would feel like to be happy and excited and fulfilled in your work." Can't do it? Career coach Jansen's no-nonsense volume just might help. Herself a former disgruntled employee (she worked in broadcasting, recruiting, outplacement and other fields), Jansen is a big proponent of jobs that suit: work, after all, "is not 'one size fits all.'" She identifies six reasons people find their employ unsatisfying, from boredom with an overly familiar routine, to insecurity in the face of discrimination or a toxic boss, to lack of focus on work due to an eye on upcoming retirement. Several quizzes and questionnaires ("When you think about the things you find meaningful, what comes to mind?"; "Do you prefer to be the leader rather than have others lead?") help readers identify their job problems and the kinds of work they might find more meaningful, as well as build confidence in their choices. Jansen offers stories of those who made the career change successfully (or in some cases, found a way to renew their interest in their old positions) as well as guidelines for becoming more entrepreneurial. Her advice is seasoned and her tone encouraging, making this a solid resource for people who know they don't like what they do; it might also be a wakeup call for others numbed into job complacency. Copyright 2003 Reed Business Information, Inc. "Is it possible to improve an already wonderful classic? Apparently it is, because that's exactly what Julie Jansen has done. This book could have saved me years of frustration at the start of my career!" —Jon Acuff, nbsp; New York Times nbsp; bestselling author of nbsp; Do Over: Rescue Monday, Reinvent Work Never Get Stuck nbsp; nbsp; nbsp; "A superb guide for career changers that will definitely improve your life. Jansen provides the tools, insight, and support you need to evaluate yourself and to develop and implement an effective action plan to move on to a job you will love or at least like a lot." —Robin Ryan, bestselling author of 60 Seconds You're Hired "Life-changing" is a bold claim. But with its inside-out approach to career creation, this book can be exactly that." —Bryan W. Mattimore, bestselling author of 21 Days to a Big Idea "A solid resource for people who know they don't like what they do; it might also be a wakeup call for others numbed into job complacency." —Publishers Weekly nbsp; "A must-read for anyone who is working and feeling dissatisfied, unfulfilled, or unhappy with their current work situation." —Paul Tieger, bestselling author of nbsp; Do What You Are "I Don't Know What I Want, But I Know It's Not This" is the perfect guide if you want to find gratifying work but aren't sure how to get started. Jansen includes lots of quizzes and questions to guide your look inward, but the best part of the book is the explanation of the answers, which helps translate your unique attitudes and values into a meaningful career. Her handbook is a smart way to get going in a new direction." —BookPage About the Author Julie Jansen has made five career changes in order to find work that fulfills and satisfies her professional and personal needs. A career coach and consultant, she has been featured in publications such as WSJ.com, Career Journal, Selling Power, Working Woman, and Smart Money and has been published in the National Business Employment

Weekly. She is also a frequent speaker at both non-profit groups and corporations throughout the United States.