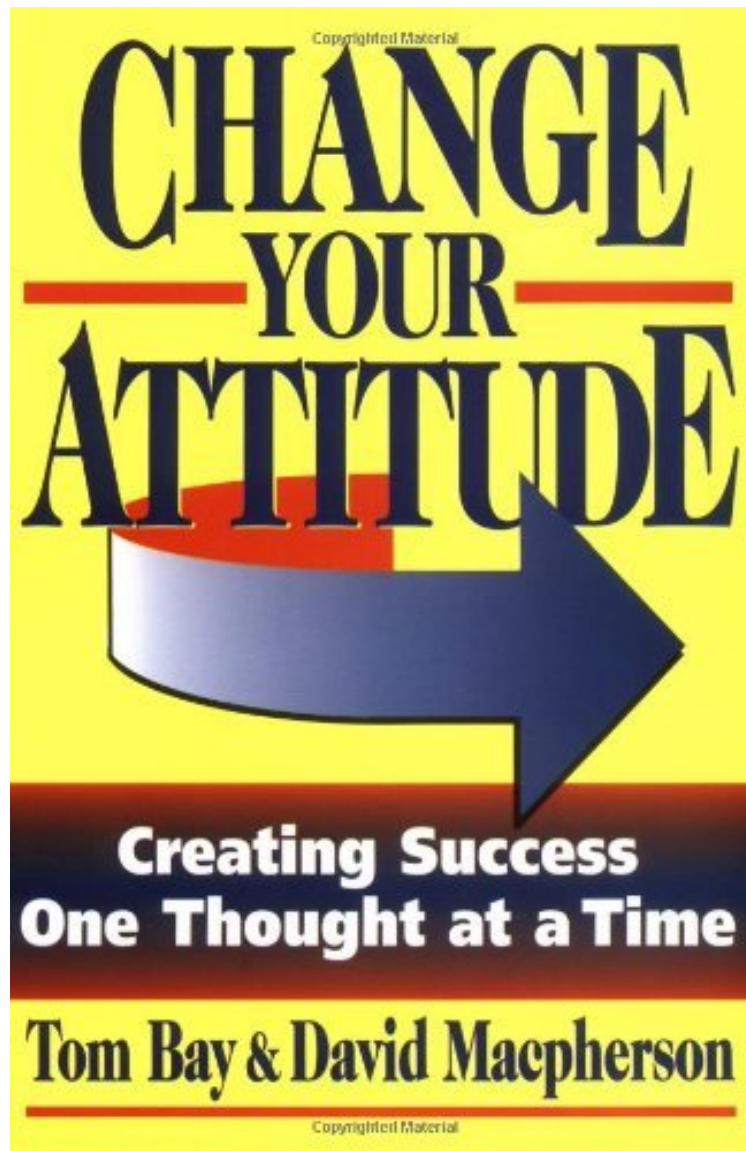


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Tom Bay

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1 of 1 people found the following review helpful. A Solid Effort!By Rolf DobelliChange Your Attitude is rich with examples and interactive exercises for the reader. The authors do an excellent job of providing comic relief at regular intervals, some of which works. The active, participatory style of this book makes it more engaging than other books in the motivational genre. Much of this vitality comes from the impressive amount of research that went into it. The authors reference well over one hundred books, magazines, and newspaper articles, bringing readers a lively cross-

section of ideas. The book's simple failing: Few of these ideas are new. Nevertheless, we at getAbstract recommend *Change Your Attitude* as an entertaining book that covers all of the motivational standards. 4 of 4 people found the following review helpful. Attitude really IS everything! By A Customer What a wonderful, elegant treatise on the critical importance of "Attitude" in our search for meaning. It's absolutely true, that it's not what happens to us that counts.....it's the attitude we face our challenges with that will determine our happiness. Thank you Tom Bay for this powerful testament to the human spirit. PS I've been fortunate enough to see Tom Bay speak, and if you EVER have the chance, take advantage of it. He's in elite company....Zig Ziglar, Tony Robbins, et.al. He really is that good! 3 of 3 people found the following review helpful. THIS IS A BOOK WELL WORTH READING AND APPLYING By A Customer THIS BOOK IS AN INSPIRATION TO ANYONE LOOKING TO CHANGE THEIR MIND, BODY AND/OR SPIRIT. IT FOCUSES ON KEY ELEMENTS OF LIFE-AND HOW TO LIVE IT MORE ABUNDANTLY. I HAVE HAD THE PLEASURE OF HEARING TOM BAY SPEAK AND HE IS QUITE A MOTIVATOR; HIS REAL LIFE PASSION FOR OTHERS REALLY SHOWS IN THIS BOOK! I HAVE SHARED AND PASSED IT ALONG TO FAMILY AND FRIENDS. GREAT FOR ANYONE WHO IS 'IN TRANSITION'.

This how-to-change manual demonstrates why the right attitude is the key to personal success. In a fast-paced reality check, the book presents 15 "right" attitudes designed to help readers achieve success and happiness.