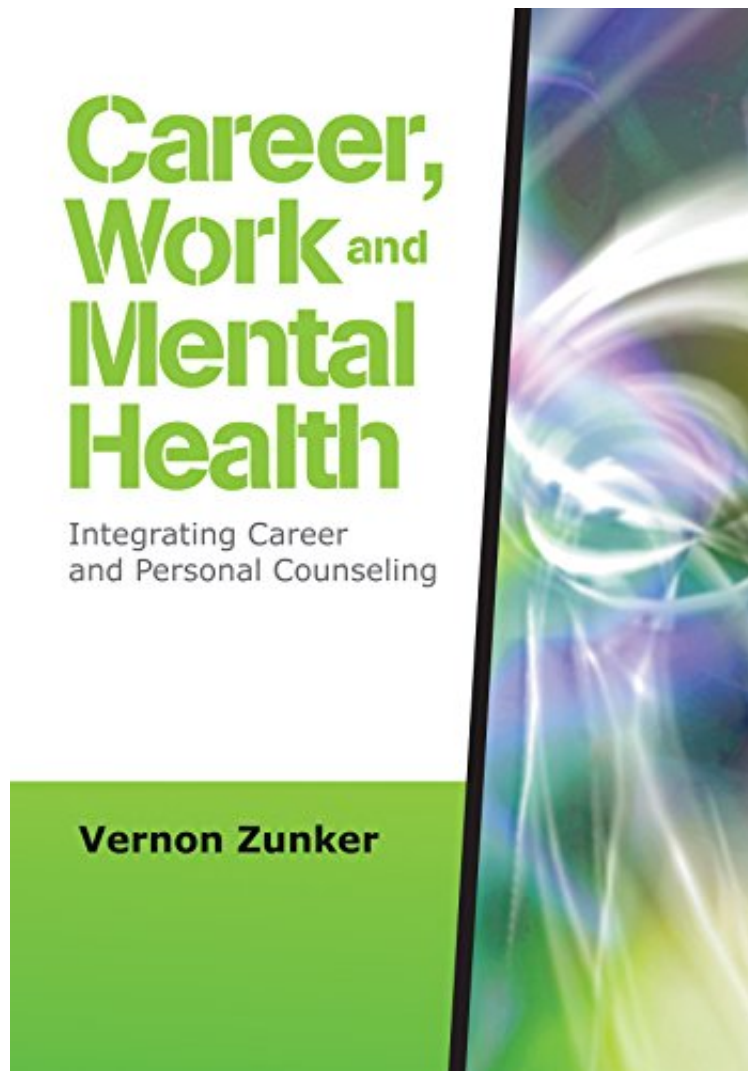


Career, Work, and Mental Health: Integrating Career and Personal Counseling

Vernon G. Zunker

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Individuals seeking career counseling often present with a complex array of issues, and thus it is often difficult for counselors to separate career satisfaction and development from other mental health issues. *Career, Work, and Mental Health* examines this tightly woven connection between mental health issues and career development and offers practical ways for counselors to blend career and personal counseling. Taking this integrative approach, author Vernon Zunker offers step-by-step procedures for delivering effective intervention strategies ndash; tactics that are meaningful and relevant to career choice, career development, and the interconnectedness of personal problems.

About the AuthorVernon G. Zunker, (Ed.D. University of Houston, postdoctoral training at the University of Texas Medical School at Galveston, where he completed a residency in clinical psychology) is professor emeritus, Texas State University. Dr. Zunker had a joint appointment during most of his tenure at Texas State University where he was Director of the Counseling Center for 18 years and taught graduate courses in counseling for 24 years. In addition, he established a student learning resource center, a career development resource center, and was instrumental in the development of a testing center and the universityprime;s credit-by-examination program. Dr. Zunker, a licensed psychologist, was also a consultant to the Texas Rehabilitation Commission for more than two decades. He was a member of statewide committee for several years that was charged with the responsibility of selecting psychological assessment instruments for the state vocational rehabilitation testing program that established eligibility of its clients. He has written seven editions of *Career Counseling: A Holistic Approach* (5th edition translated into Chinese, and 6th edition translated into Korean,) four editions of *Using Assessment for Career Development* and three editions as co-author. He has also authored two editions of *A Dream Come True: Robert Hugman and San Antonioprime;s Riverwalk* (translated into Japanese.) He considers his almost 3 years of sailing in the Merchant Marine as one of his greatest learning experiences. He often told his students that as a teenager on his own in a number of foreign countries, he learned to appreciate the significance of cultural differences. He and his wife Rosalie and canine companion, Toddi, reside in San Antonio.